

Reflexology	30 Min = \$35/ x4=\$80 50 Min \$ 4=\$200
Ion Spa Foot Detox	30 Min = \$35/ x4=\$200
Reiki	30 Min = \$35/ x4=\$120
Metabolic Typing Diet	6 week group = \$150 Individual = \$300
Tai Chi Easy	\$11 each/ x6 = \$54 Lunch time 1/2hour \$5
Yoga	\$11 each/ x4 = \$36/x6=\$54
Nia	\$11 each/x6=\$54 Thursday 6 sessions \$54
Zumba	\$11 each/x6=\$54
Storytime Yoga for Preschoolers	\$10 each/x6=\$48
Thai Massage	\$55/hour
Meridian Tapping/EFT	30 Min= \$35/ x4=\$120